

# Life After CHLA

## Education Workshops for Caregivers of Adolescents & Young Adults

Feel free to join one, a couple, or all our virtual workshops to learn how to best prepare yourself and your youth for adulthood and adult care.

Preparation and practice are key!

### Perspectives From Experience: Key Lessons Learned From Parents & Patients

Learn tips and strategies from parents and patients who have successfully transferred to adult care



Presented by: Panel of former CHLA patients and parents

**Thursday, April 20<sup>th</sup>, 6-7:30 pm**

### Is Your Youth Covered? Navigating Insurance Through Transition

Learn insurance basics, coverage for your youth including Medi-Cal and Medicare, rights and responsibilities, and how to get help when needed

Presented by: Maternal and Child Health Access (MCHA)

**Thursday, May 11<sup>th</sup>, 6-7:30 pm**



### Alternatives to Conservatorship: A Variety of Choices to Support Decision-Making

Learn about all the planning options available to continue to support your youth in decision-making as they become an adult



Presented by: Alberta Kaichian, MSW, LCSW, CCTP

**Thursday, May 18<sup>th</sup>, 6-7:30 pm\***

\* In-person and virtual options available. Parking, refreshments, and light dinner will be provided for in-person guests

**Workshops will take place via Zoom.**  
Click [here](#) to register for one or more, or scan QR code.

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Questions? Contact Shawna Dyer at [sdyer@chla.usc.edu](mailto:sdyer@chla.usc.edu) | 323-361-5796