



COMMUNITY IMPACT REPORT

Fiscal Year 2023



About Children's Hospital Los Angeles

Founded in 1901, Children's Hospital Los Angeles is at the forefront of pediatric medicine and is the largest provider of hospital care for children in California. Children's Hospital is home to renowned experts who work together across disciplines to deliver inclusive and compassionate care, and drive advances that set pediatric standards across the nation and around the globe. Children's Hospital Los Angeles delivers a level of care that is among the best in the world for a truly diverse population of children. The hospital is consistently ranked in the top 10 in the nation on U.S. News & World Report's Honor Roll of Best Children's Hospitals, including No. 1 in California and No. 1 in the Pacific U.S. region. Children's Hospital Los Angeles embraces the hospital's mission to create hope and build healthier futures. Children's Hospital Los Angeles is among the top 10 children's hospitals for National Institutes of Health funding. The Saban Research Institute of Children's Hospital Los Angeles supports the full continuum of research, allowing physicians and scientists to translate discoveries into treatments and bring answers to families faster. The pediatric academic medical center also is home to one of the largest training programs for pediatricians in the United States. And the hospital's commitment to building strong communities is evident in CHLA's efforts to fight food insecurity, enhance health education and literacy, and introduce more people to careers in health care.

Our Mission:

We create hope and build healthier futures.

As a leader in pediatric academic medicine, we fulfill our mission by:

- Caring for children, teens, young adults and families
- Making discoveries and advances that enhance health and save lives
- Training those who will be the future of child health
- Supporting our communities, especially underserved populations

Beyond Well – Community Impact at Children's Hospital Los Angeles

We believe that stronger communities create healthier, more resilient children. As we endeavor to create hope and build healthier futures, Children's Hospital Los Angeles broadens the scope of our commitment to include the communities surrounding us.

To do this, we are building on the hospital's significant health care knowledge and expertise, and our role in the community as an employer and economic partner, to help build communities where "wellness" goes beyond health care. Team members and leaders are coming together to engage with the community in three intertwining efforts:

Well Families

Goal: Improve infant, child, adolescent and young adult health outcomes.

Working Well

Goal: Enhance access to employment and training opportunities for underrepresented individuals.

Well Communities

Goal: Spur local economic growth and champion environmental sustainability.

A LETTER FROM THE PRESIDENT AND CHIEF EXECUTIVE OFFICER

Every year, nearly 1 in every 3 households in Los Angeles County relies on Children's Hospital Los Angeles team members for life-changing and lifesaving pediatric medical care. But for CHLA, that's not enough—our organization's mission extends beyond the walls of the hospital to support the well-being of the neighborhoods in which we live and work, with an emphasis on underserved populations.

To accomplish this, Children's Hospital Los Angeles leverages the significant health care and research expertise within our team, as well as the hospital's role as a regional employer and economic partner, to empower communities, increase food access, advance environmental sustainability, provide mentorship and career pathways, and promote overall wellness.

As a pediatric care provider, we want your children to grow up healthily. In championing the initiatives showcased in this year's Community Impact Report, Children's Hospital Los Angeles is helping to build stronger, healthier communities where children, and their families, can flourish.

And CHLA's world-class and compassionate care will always be there for you when called upon.

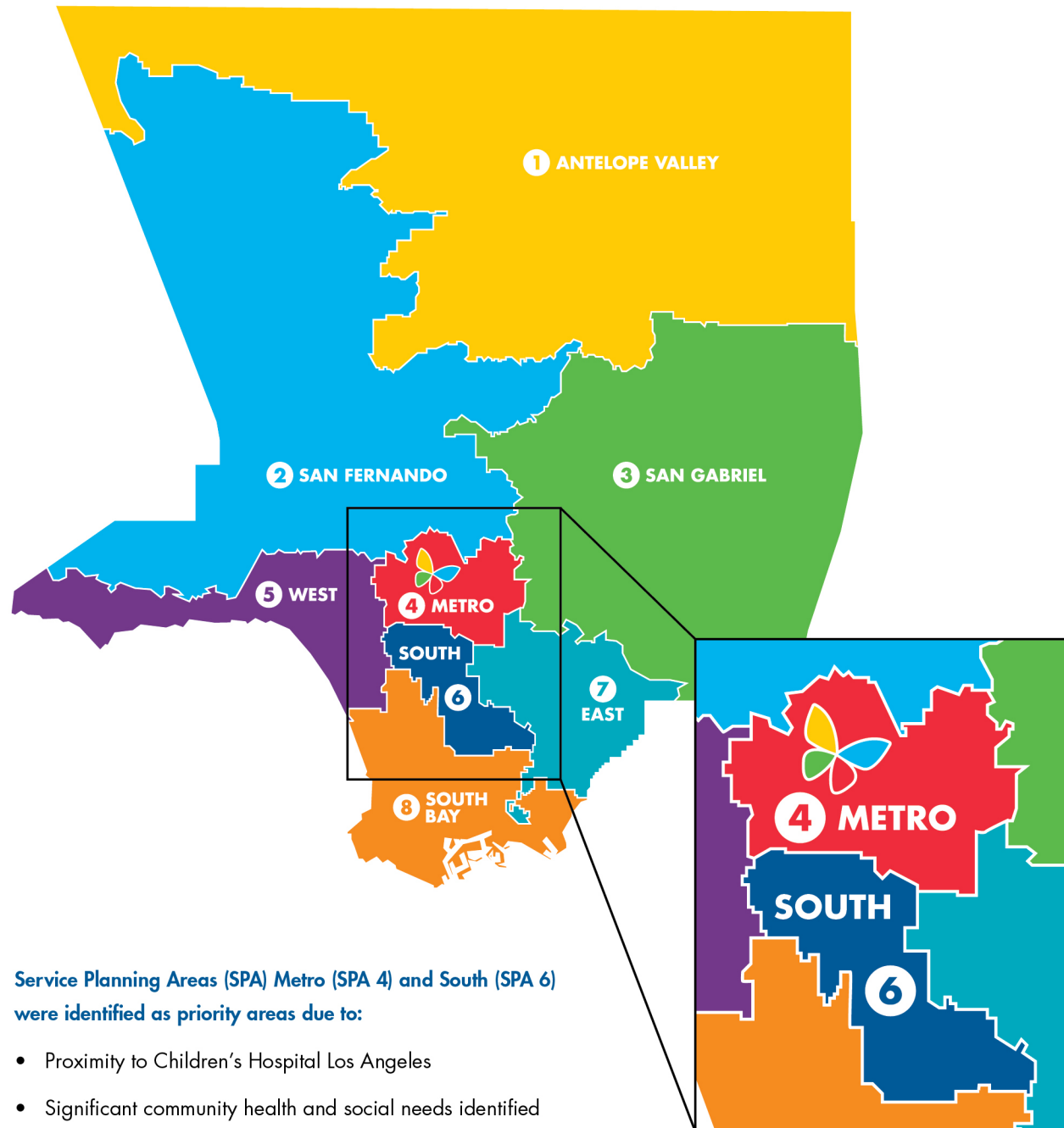
Warmest regards,



A handwritten signature in black ink that reads "Paul S. Viviano".

Paul S. Viviano
President and Chief Executive Officer

DEFINING OUR COMMUNITY



Service Planning Areas (SPA) Metro (SPA 4) and South (SPA 6) were identified as priority areas due to:

- Proximity to Children’s Hospital Los Angeles
- Significant community health and social needs identified in CHLA’s 2022 Community Health Needs Assessment
- Percentage of CHLA patients from these areas (39% of L.A. County in FY23)

COMMUNITY HEALTH NEEDS ASSESSMENT

All nonprofit hospitals, such as Children’s Hospital Los Angeles, must conduct a Community Health Needs Assessment (CHNA) and develop an implementation strategy every three years as mandated by state and federal law. The CHNA provides us with a deeper understanding of the health and social needs of the community and informs our community benefit program planning.

During the assessment process, Children’s Hospital Los Angeles collects and reviews qualitative and quantitative data on community health and social needs, with the understanding that health is influenced by where individuals live, work and play. We look at health conditions and behaviors, socioeconomic factors, physical environment and availability of health services—in all, more than 300 data points.

For the 2022 CHNA, we engaged key leaders of organizations, service providers, community members, parents and youth. Stakeholder convenings with community leaders and health providers increased awareness and invited broad input and sharing. Surveys also helped to identify issues that most affect the health of the community.

Top 8 Community Needs: CHNA 2022

- Mental Health
- Homelessness/Housing
- Economic Security/Poverty
- Communicable/Infectious Diseases (including COVID-19)
- Patient- and Family-Centered Health Care
- Health Services Communication
- Obesity
- Food Security



CHNA Dashboard

The Community Health Needs Assessment Dashboard is an interactive resource for community leaders, organizations, residents, families and caregivers to learn about the challenges and opportunities in their Los Angeles neighborhoods. By understanding trends across education, employment, housing and other domains, stakeholders are better positioned to advocate for policies and programs that improve their quality of life.

Visit the 2022 Dashboard at [CHLA.org/2022CHNAdashboard](https://chla.org/2022CHNAdashboard)

RESEARCH

Science that illuminates childhood nutrition and developmental origins of chronic diseases

CHLA researchers and scientists from institutions around the nation shared new findings in nutrition and other childhood influences on lifelong health at The Saban Research Institute's Science Day 2023.

The event on June 15, 2023, drew a gathering of principal investigators, physician-scientists and post-doctoral researchers.

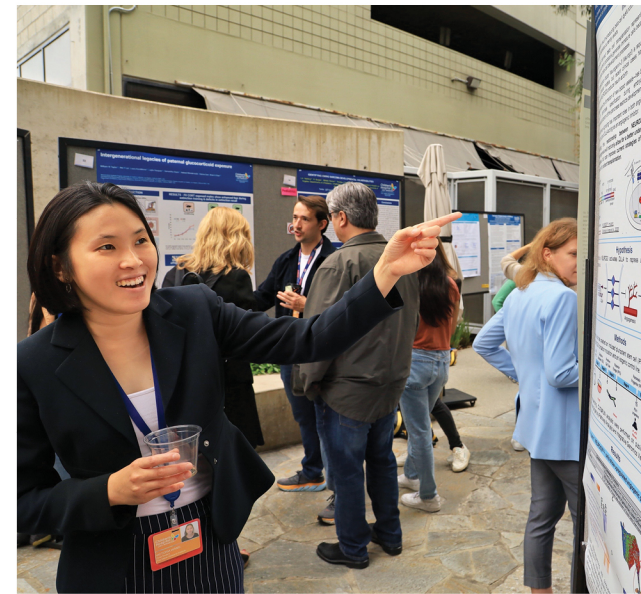
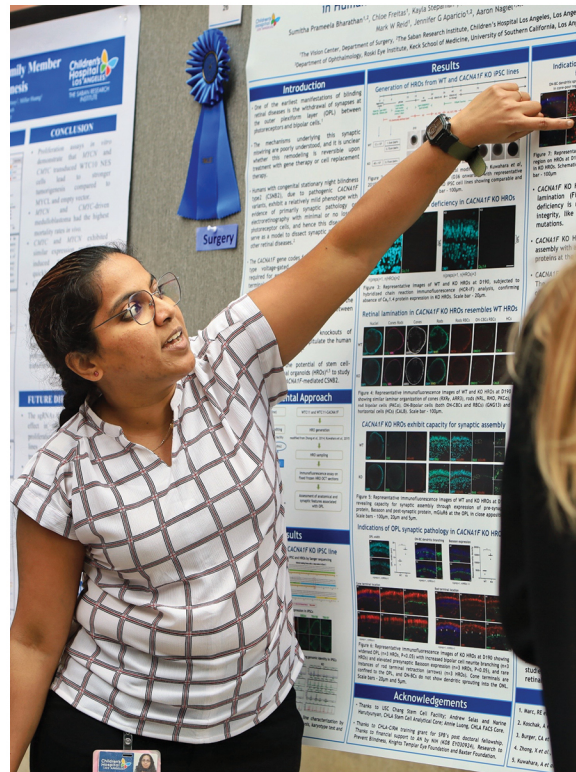
Also attending were members of CHLA's Samuels Family Latino & African American High School Internship Program (LA HIP), along with university-level interns from CHLA labs. In addition to the in-person event, interested viewers could view a national livestream.

The morning symposium, "Nutrition and the Developmental Origins of Chronic Disease," was introduced by CHLA President and CEO Paul Viviano, Chief Scientific Officer Pat Levitt, PhD, and Pediatrician-in-Chief Robert Shaddy, MD.

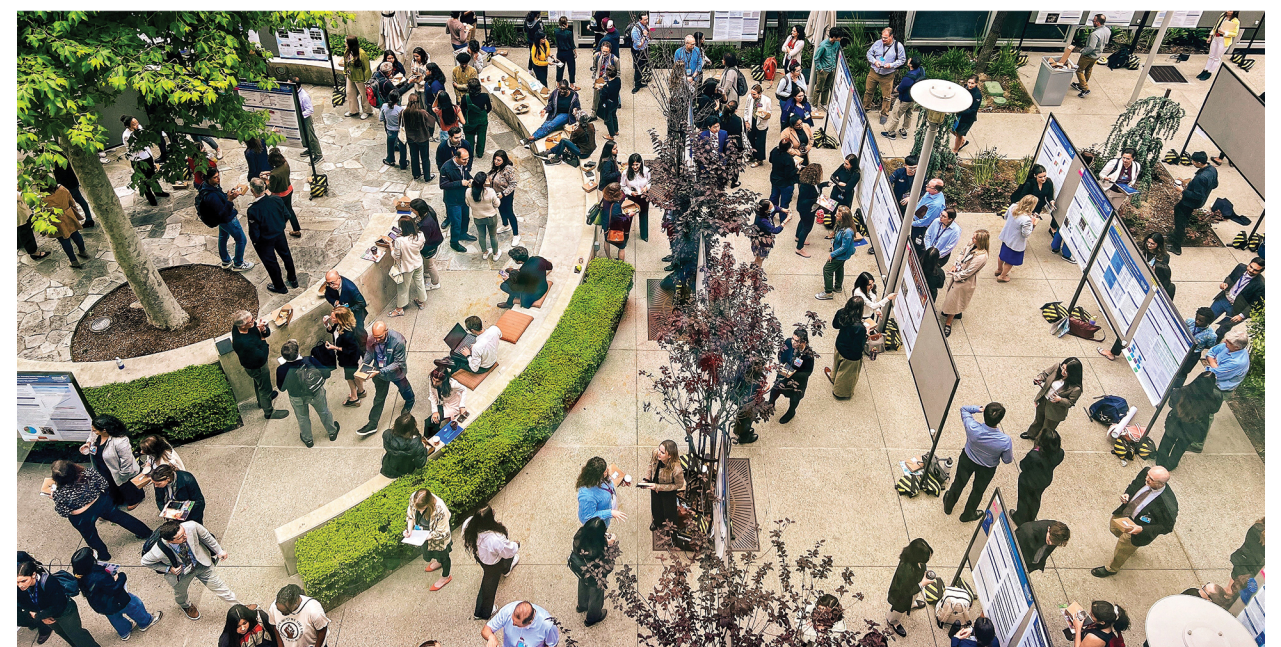
"Healthy adults start with healthy children," says Pat Levitt, PhD, Chief Scientific Officer and Director of The Saban Research Institute. "If you start early, the chances of being able to alter this development to a healthier trajectory is so much more powerful than waiting until adult chronic diseases occur."

Among the presenters was Matthew Gillman, MD, SM, of the National Institutes of Health, who addressed developmental nutrition and other environmental influences on child health.

During the afternoon poster session, more than 100 abstract presentations were on display, covering basic, clinical, community-based and quality improvement research. 🌈



FY23 Fast Facts:
 Active Clinical Trials: 533
 Total Research Funding: \$166.2 million



The Saban Research Institute Science Day, June 15, 2023

WELL FAMILIES

As one of the nation’s leading pediatric institutions, Children’s Hospital places a priority on health outcomes, education and research.



CHLA-LAUSD Partnership

The CHLA Community Affairs team is forging new partnerships and expanding existing ones to bring families greater access to accurate health and wellness information.

In 2023, the team joined the Los Angeles Unified School District’s (LAUSD) popular Family Academy program. CHLA experts presented their first session in May 2023: “Suicide Prevention 101 for Parents: Recognizing Signs and What to Do.” The topic drew 350 attendees.

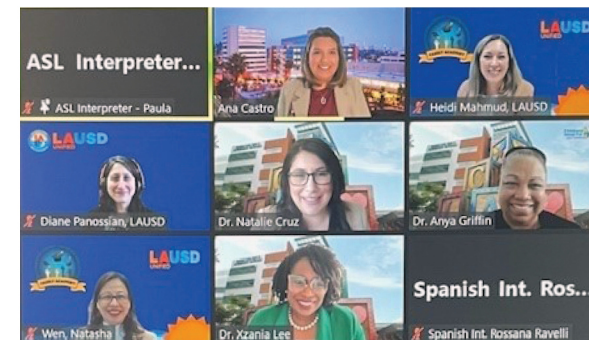
“By collaborating with the LAUSD with its wide reach throughout the Southern California region, we can impact more lives than ever,” says Ana Castro, Project Manager in the CHLA Office of Community Affairs.



Community Health Buzz’s virtual workshops ran throughout FY23, many in both English and Spanish, including a webinar in April 2023 on “The Good, the Bad and the Ugly: Social Media and Teens.”

Priority: Mental Health

A mental health crisis among young people, which was exacerbated by the pandemic, took the spotlight at the Division of Adolescent and Young Adult Medicine’s 6th Annual Leadership Education in Adolescent Health (LEAH) Conference April 17, 2023. The conference theme—“Building Healing Connections with Young People: Reimagining Approaches to Mental Health”—was aimed at fortifying the capacity of health care and school-based providers to respond to the crisis.



Partnering with the LAUSD was just the latest evolution of Community Affairs’ popular, bilingual Community Health Buzz, a virtual educational outreach series that grew out of the pandemic and the hospital’s commitment to connect with families through health education.



Program faculty, staff and fellows/trainees at the 2023 Leadership Education in Adolescent Health Conference. Back row, L-R: Peivand Razavi, MA, Xzanie Lee, PhD, Ted’Dryonna Moges, Nare Nazaryan, MA, Noena Ramirez Morales, MPH, Marisol Chavez, MPH, Arlene Schneir, MPH, and Jocelyn Martinez. Front row, L-R: Joaquin Gutierrez, Christian Citlali, MSW, Mona Desai, MPH, Sophie Penella, MPH, and Mia Humphreys, MSW.

Keynote speaker Allen Lipscomb, PsyD, LCSW, Associate Professor of Social Work at California State University Northridge, advocated for restorative justice practices to promote holistic mental health and wellness for youth. The conference included more than 20 local and national presenters, along with youth voices.

Funded by the federal Maternal and Child Health Bureau, LEAH seeks to improve family- and youth-

centered, community-based care for adolescents by preparing professionals for leadership roles in public health practice and clinical care, research, training and advocacy.

The program provides pre- and postdoctoral interdisciplinary training in adolescent health for five core disciplines—medicine, nursing, nutrition, psychology and social work. 🌈

Fast Facts

Nearly 2/3 of teens (ages 12-17) with depression did not receive care in the past year.

Approximately half of the students in LA Unified School District reported in 2021 that they were worried about their mental health.

Students also noted similar worries about the mental health of their parents, family or other loved ones (49%) and the mental health of their friends (53%).

WORKING WELL

Children’s Hospital Los Angeles promotes positive futures with programs that provide training, mentorship and a glimpse at new careers.

Transition RN Fellowship Program

Children’s Hospital continued to strengthen and diversify its nursing ranks in FY23 by providing nurses experienced in adult care the chance to move into an acute pediatric setting.

In August 2015, CHLA was one of the first pediatric hospitals to offer a Transition RN Fellowship in Pediatrics, which is also among a select few programs to be accredited with distinction as a Practice Transition Program by the American Nurses Credentialing Center’s Commission on Accreditation.

The program benefits the hospital by recruiting experienced nursing talent, as well as nursing candidates, who gain valuable experience in the pediatric field. “Nurses from adult medical settings bring that experience to our pediatric patients, who include teenagers and young adults,” says Melanie Guerrero, DNP, RN, CPN, NE-BC, NPD-BC, CLSSGB, Nursing Professional Development Manager, Clinical Services Education and Research.



The Transition RN Fellowship ranges from about 12 to 16 weeks, depending on a nurse’s area of specialty, and includes competency-driven clinical immersion and curriculum that fills in gaps in pediatric training. Each fellow receives an individualized learning plan and works one-on-one with a preceptor.

Nurses also are exposed to professional development topics such as career planning and goal setting. “We want them to know how they can advance their careers and have longevity here,” says Guerrero, “and maybe even retire from CHLA once they have made this change.”



Fast Facts

54 graduates in FY23

269 grads total as of June 30, 2023



Left to right: PathPoint Coordinator Alondra Mendoza; Project SEARCH graduates Bryant Valdovinos, Martin Alonso and Eric Barrales; and LAUSD teacher Michael Whitfield

Project SEARCH

As a steward of the local community, CHLA supports a variety of workforce development initiatives, including the promotion of employment and career opportunities for people new to the workforce or early in their careers.

One of those initiatives, Project SEARCH, is dedicated to providing employment workshops and on-the-job training for young adults with intellectual and development disabilities.

In FY23, Project SEARCH at CHLA gave three interns the chance to build job readiness and life skills

through the exploration of three different areas within the hospital—Guest Services, Food Services and the Mary Duque Gift Shop. The goal: to build up their experience to aid them in their career aspirations.

The Project SEARCH program is administered by the nonprofit PathPoint, partnering with the Los Angeles Unified School District and the Frank D. Lanterman and South Central Los Angeles regional centers.

The internship lasts a full school year, beginning in July with “travel training,” as the students learn strategies for getting to and from work in busy Los Angeles. The three students in FY23’s SEARCH class—Bryant Valdovinos, Martin Alonso and Eric Barrales—enjoyed classroom instruction, career exploration and hands-on training as they took on various jobs during their time at CHLA.

This past year marked the first time since CHLA began hosting interns in 2019 that an internship resulted in a job offer at the hospital. In fall 2023, Valdovinos became an official CHLA team member in Food Services.

Early on in his CHLA internship, Valdovinos stated that his “dream job” would be to work in Food Services in a hospital—a dream that came true. 🌈

Fast Facts

18.3% of L.A. County residents have not attained a high school diploma.

38.3% of L.A. County residents have graduated from high school only.

The overall poverty rate in L.A. County stands at 14.2%, compared to the California statewide rate of 12.6%. Nearly 1 in 5 youth under the age of 18 are identified as poor.

WELL COMMUNITIES

Children’s Hospital Los Angeles uses its resources to promote economic and environmental well-being for the community.

The Community Impact Champions Network (CICN) at CHLA grew in enthusiasm and numbers in Fiscal Year 2023, with 968 CHLA team members from across the hospital registered to volunteer for opportunities that improve the health and well-being of local communities.

CICN volunteers made a difference in multiple ways, including an energetic effort against food insecurity—helping to distribute free produce boxes, support Project Angel Food’s mission to feed the medically fragile, and cultivate community gardens that yield fresh food for neighborhood residents.

CHLA team members also jumped in full force on efforts to protect the local environment, taking part in neighborhood beautification projects spanning from Hollywood to Los Feliz to the Los Angeles River.

From July 2020 to the end of FY23, CICN participants logged 4,578 volunteer hours. Most volunteers are individuals, but many are hospital teams, including Customer Experience, Legal Affairs, Brain Imaging, Events Planning, and certified nurse anesthetists (CRNAs), who replaced part of their celebratory CRNA Week in January FY22 and FY23 with volunteering.

“Many team members want to go above and beyond the work they do at the hospital and take their commitment into the community,” says Olga Taylor, Project Manager in the hospital’s Office of Community Affairs.

CHLA’s FY23 collaborators included community organizations, city council district offices and neighborhood councils. Together, the hospital and its partners responded to high-priority needs in surrounding communities.

“As an anchor institution, we are part of the community, and a resource to the communities that surround us,” says Susan Gantan, MPH, Senior Program Manager, Community Affairs. “We know health begins in the community, and has to do with where you live, your access to green space, access to resources and more.”

Food Access Hub

Picture a fertile green space in the middle of East Hollywood, populated with people connected by a common enthusiasm: growing fresh fruit and vegetables.

This magical place is the East Hollywood Community Garden, part a network of 47 gardens across the city, linked by the nonprofit Los Angeles Community Garden Council. First taking seed in July 2019, the East Hollywood Community Garden offers area residents a chance to lease a plot of soil and grow their own produce, or join in communal gardening.

Fast Facts

21.8% of adults with children 17 and younger say their community's access to fresh fruits and vegetables is not good.

87.2% of L.A. County children under age 12 think their neighborhood park or playground is safe.

Less than half (45.3%) of L.A. County teens think their neighborhood park or playground is safe.



CHLA team members at the East Hollywood Community Garden

In June 2023, CHLA sponsored the East Hollywood Community Garden’s first-ever Summer Kickoff, essentially a grand reopening for the garden, which couldn’t host large gatherings for three years due to the pandemic. The event drew about 100 residents and CHLA team members.

CHLA’s sponsorship of the East Hollywood Community Garden will help provide for more community outreach events, garden plot constructions, and tools and supplies.

Encouraging neighborhood gardens is a key part of the hospital’s role as a food access hub, as it seeks to reduce food insecurity by making fresh, nutritious food more available.

The hospital continued its successful collaboration in FY23 with the East Hollywood Neighborhood Council and Rick’s Produce, giving out 39,000 pounds of free produce to the community. Other initiatives in FY23 included support for holiday turkey giveaways, along with 500 hot meals provided by the Boys & Girls Club and more than 1,000 packaged food items distributed by various partners.

“We are widening access to food sources,” says David Valdez, Project Manager in CHLA’s Office of Community Affairs, “promoting food harvesting, encouraging healthy eating and improving nutrition education where we work and live.”

Community/Hospital Partnership Spotlight: Manos Que Sobreviven

In October 2022, the Manos Que Sobreviven (MQS) Community Wellness Fair made a big splash in its northeast corner of Los Angeles, drawing several hundred families to access services such as free health and dental screenings, COVID-19 vaccines, no-cost food boxes and more.

The annual fair, which was sponsored by Children’s Hospital Los Angeles, is an opportunity for local residents to learn about optimizing their health and wellness, and to receive health education and other essential items.

“It was an incredible event that truly showcased the power of community,” says Rolando Gomez, MBA, Director of Community Relations and Strategic Initiatives at Children’s Hospital Los Angeles. “Families came together, neighbors called other neighbors, and the turnout was amazing. The enthusiasm and participation were truly inspiring—from CHLA team members and community volunteers to representatives from various organizations and



CHLA Community Affairs team members Ellen Zaman, Rolando Gomez, Olga Taylor and David Valdez at the MQS Community Wellness Fair

agencies, along with elected officials, children and families. It was a testament to the strength of our community and the importance of working together for the well-being of all.”

CHLA has supported Manos Que Sobreviven—which translates to “Hands That Survive”—since 2020 in its commitment to offer services that benefit low-income communities and residents of Los Angeles, especially families with children who have special needs.

“Family and children’s health are at the core of our mission,” says MQS Founder and President Alberto Galvan, “and we are very grateful for the support of Children’s Hospital. This applies not only to this event but to all the CHLA volunteers we receive in our other efforts.”

Galvan was inspired to establish MQS by the help he received as a young boy in Tijuana, Mexico. MQS started its efforts by partnering with the Los Angeles Regional Food Bank.

On hand to help out at the MQS Wellness Fair were volunteers from CHLA’s CICN and the hospital’s PLATICA (Partners for Latina/o/x Advancement, Transdisciplinary Inclusion, Community, and Advocacy) employee group. Also participating were the Division of Adolescent and Young Adult Medicine, the Amerman Family Foundation Dog Therapy Program and Pulmonology.

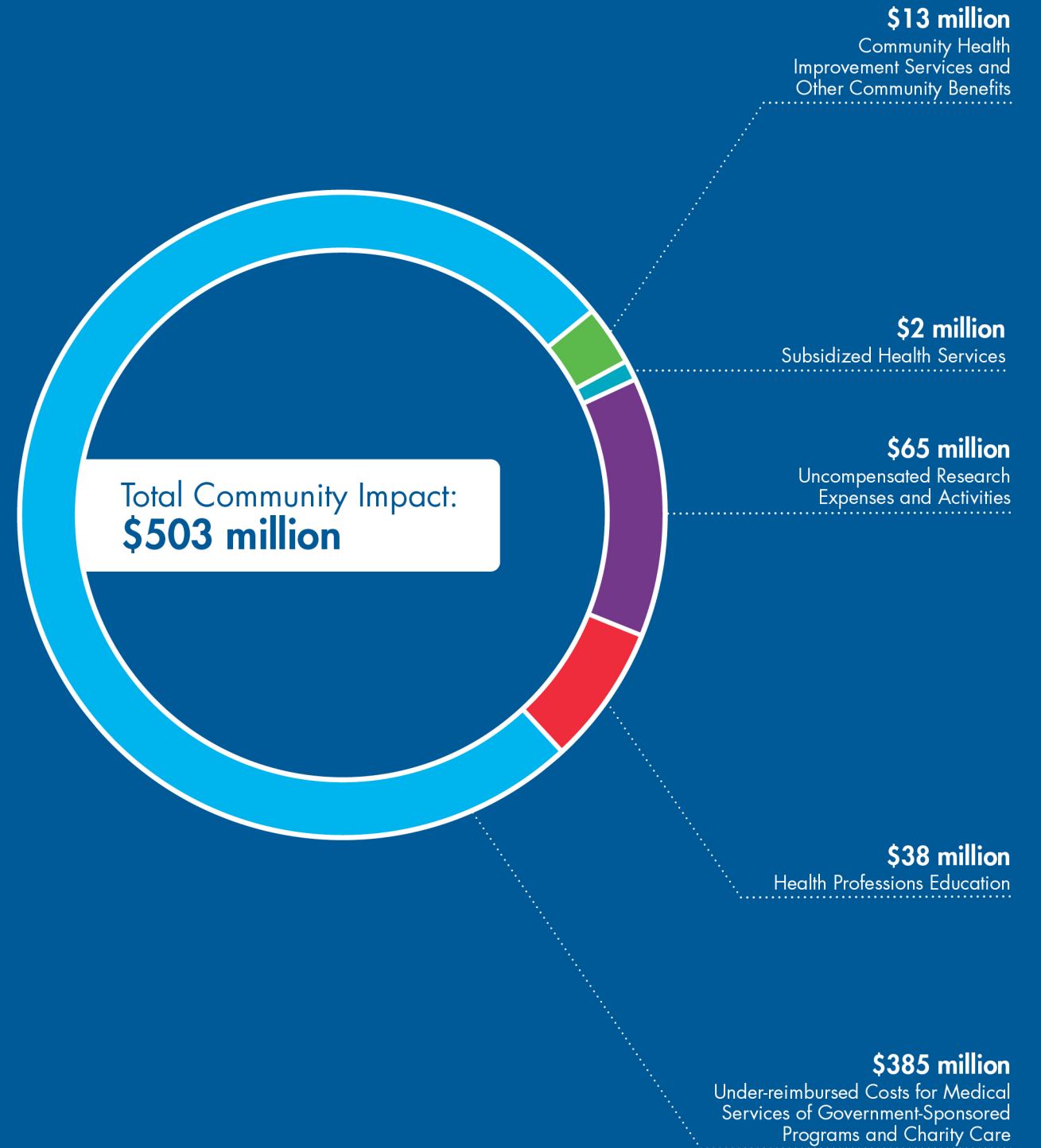
Representatives from about 20 other local health agencies, schools and community organizations also shared information about available resources.

“When an agency like Children’s Hospital Los Angeles helps nonprofits like mine—just a small nonprofit—that means a lot because we sometimes feel like we are by ourselves,” says Galvan.

That support helps not just the MQS team, he adds, but “all of the community, because the community knows there are people there to give you a hand.” 🌈

COMMUNITY IMPACT

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Community Impact Report 2023
Post Office Box 27980
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Change Service Requested



WE VALUE YOUR INPUT.

Share your ideas and stories related to our community's health, request our Community Health Needs Assessment, or find out about helping with the next one by emailing us at communitybenefit@chla.usc.edu.

You can also access the report at CHLA.org/community or open your camera and scan the code.

