



# Managing Your Child's Fever at Home

When your child becomes ill, they may experience a fever.\* At Children's Hospital Los Angeles we strive to keep kids healthy, which is why we want to empower you with the information to help your child when their body temperature reaches fever level.

## Fever = 100 degrees and above

### Symptoms of Fever

Your child may,

- Not be as active or talkative as usual.
- Seem fussy, irritable or not hungry.
- Feel warm or hot.

### Reducing Your Child's Fever

Dress your child lightly. Tight clothing can trap heat and cause body temperature to rise.

Encourage your child to drink plenty of liquids, such as water or juice.

Give your child a lukewarm bath.

Place a cold washcloth on the forehead, wrists and groin.

If your child's fever does not go down after 72 hours, call their doctor.

For more pediatric health care tips, visit  
[WeTreatKidsBetter.org](http://WeTreatKidsBetter.org)

\* If your child is older than 3 months of age and their fever is more than 102 degrees, call your child's doctor immediately. If your child is younger than 3 months with a fever of 100 degrees, call the doctor immediately.

